

1. A dental appliance worn in a mouth of a user having one or more types of teeth wherein one of the types of teeth is molars wherein the molars are located furthest rearward into the mouth of the user, the dental appliance comprising:

2. The dental appliance of Claim 1 further comprising:

3. The dental appliance of Claim 1 wherein the base is translucent.

5. The dental appliance of Claim 1 further comprising:

6. The dental appliance of Claim 1 further comprising:

7. The dental appliance of Claim 1 wherein the base is constructed from a first material and a second material wherein the first material has a lesser degree of rigidity than the second material. J

a generally U-shaped upper base which contacts upper teeth of the user when the upper base is worn;

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user when the lower base is worn wherein the upper base and the lower base define an interior surface having a concave portion wherein the concave portion has a wall which prevents the tongue of the user from contacting the lower arch when the tongue is in a resting position.

9. The dental appliance of Claim 8 further comprising:

holes within the base wherein the user breathes through the holes.

10. The dental appliance of Claim 8 further comprising:

lingual tabs extending from the lower base wherein the lingual tabs extend rearward into the mouth.

11. The dental appliance of Claim 8 further comprising:

one or more sockets within the upper base wherein the sockets are sized to fit at least two or more teeth of the user.

12. The dental appliance of Claim 8 further comprising:

ribs formed within the upper base wherein the ribs guide the teeth into a correct position.

13. The dental appliance of Claim 8 wherein the upper base is constructed from a moisture-absorbent material.

14. A dental appliance worn in a mouth of a user having upper teeth and lower teeth wherein the upper teeth and the lower teeth are comprised of one or more types of teeth wherein one of the types of teeth is molars wherein the molars are located furthest rearward into the mouth of the user, the dental appliance comprising:

a generally U-shaped upper base having an upper occlusal surface wherein the upper occlusal surface contacts the upper teeth and guides the upper teeth into a correct position; and

a generally U-shaped lower base connected to the upper base wherein the lower base has a lower occlusal surface wherein the lower occlusal surface contacts the lower teeth and guides the lower teeth into a correct position and wherein the upper occlusal surface and the lower occlusal

surface are adjacent and have a combined thickness wherein the upper occlusal surface contacts each molar of the user when the upper base and the lower base are worn to prevent the molar from achieving a malocclusion position.

15. The dental appliance of Claim 14 further comprising:
sockets within the upper base wherein the sockets are square in shape.

16. The dental appliance of Claim 14 wherein the upper base is marked to indicate to the user how to position the upper base within the mouth.

17. The dental appliance of Claim 14 further comprising:
a hinge connecting the upper base and the lower base wherein the hinge allows the upper base to be pivoted toward the lower base.

18. The dental appliance of Claim 14 wherein the lower base is wider than the upper base.

19. The dental appliance of Claim 14 further comprising:
a shield extending from the upper base wherein the shield contacts a front of the mouth.

20. The dental appliance of Claim 14 further comprising:
sockets within the upper base wherein the sockets are customized to a shape of the teeth of the user.